Innovations in Counseling: Working With Minority Populations (Part 7)
Session 8– Engaging Communities of Color in Therapy with Technology
CE Credit Hours: 1.0

Introduction
The NBCC Foundation invites you to a NO-COST* webinar from the Innovations in Counseling: Working With Minority Populations webinar series. Funding for this training was made possible in part by the NBCC Minority Fellowship Program (MFP) grant from the Substance Abuse and Mental Health Services Administration (SAMHSA). The views expressed in written materials or publications and by speakers and moderators do not necessarily reflect the official policies of the Department of Health and Human Services; nor does mention of trade names, commercial practices, or organizations imply endorsement by the U.S. government. NBCC is the nation’s premier professional certification board serving counselors who meet standards for the general and specialty practices of the profession. The NBCC Foundation, an affiliate of NBCC and a philanthropic nonprofit organization, administers the NBCC MFP.

Course Description
Therapy was once limited to “talk therapy” only, with little emphasis placed on outside tools or support. But using effective tools to address mental health concerns can make all the difference. It is critical for helping professionals to be equipped with a variety of tools when addressing the needs of diverse populations. We can no longer deny the impact that technology has on everyone. Technology can assist with expanding the ability to assist underserved populations, who would not otherwise have access to specialized services. Technology can serve as a bridge to connect various populations with the help that is needed. Often, therapists, social workers, and others in the helping fields shy away from technology. However, technology is here to stay, and this presentation will empower professionals to utilize technology while adhering to ethical guidelines. Participants will learn how to leverage technology in the therapy room with consideration for multicultural implications.

After this webinar, participants will be able to:
• Identify two ways the use of technology impacts therapy with individuals of diverse cultures.
• Identify at least two evidence-based tele-mental health approaches that are effective with culturally diverse populations.
• Summarize two ways in which clients respond to the use of technology by therapists, social workers, and others in the helping professions.

Course Content
The quiz is based on the webinar Engaging Communities of Color in Therapy with Technology, presented by Marquita Johnson.

*This course is available for viewing at no cost. If you would like to receive continuing education credit for this course, it is available for a $10 processing fee (this is not covered by the grant).

You should only take the quiz if you have completed the webinar.

Click here to view webinar: Engaging Communities of Color in Therapy with Technology